

Channel

ZERO

intimidation / intimidation / intimidation / intimidation



intimidation / intimidation / intimidation / intimidation

50¢
OFF

NOVEMBER OR DECEMBER ISSUE

issue #3

welcome to channel zero.

this is a publication.

this is about raising awareness about issues that the contributors feel are important to all our lives.

this is about offering solutions to those issues.

this is not only informative, this is an effort towards mutual learning.

this is not about the contributors only.

this is not for students only.

this is about all of us, everyone. this is about life.

this is not owned or run by anyone.

this is open to everyone.

this is not about the contributors thinking they are "better" than you.

this knows that, upon reading its articles, you will have a response.

this encourages you to voice that response.

this encourages you to contribute.

this is taken seriously by those who contribute.

this should be taken seriously by you, too.

this, when you are done reading, would be much better off in the hands of a new reader or on the table where you found it, than in the garbage.

this is about how you respond, how you write, and what you find in it.

this is the effort you put into it.

this is channel zero. welcome.

This issue's contributors:
laura becker, evan belgrade, mr. bolf,
corey bills, jeff dillon, betty eo, edie faig,
andrew furse, nora gallagher, brad harris,
dave kim, susan long, nicole miller,
liam o'donoghue, will paces, iris
pasic, eli schmidt, brian sholis, mike smith

Intimidation takes many forms in the cultural landscape that defines world, country, city and town. It has its roots in the imperialism of the old world, the subjugation of people of color, and in the need for those who have power to control. Intimidation is a synthesis of power and control. It is a nefarious political ideology, and a human psychological construct. Each and every one of us falls into the trap of being intimidated and thus controlled, or by using power and thus intimidating. But there are ways to avoid such traps. And, as in any problem that life offers, it takes hard, frustrating work to understand the nature of the problem. The goal is to make things better while trying to be kind to those around you.

As a teacher I struggle with the idea of intimidation on a daily basis. The nature of the position is that of an authority figure; you have to educate and have order, you have to make sure that homework is done. It is very difficult to not use your powerful influence to control all your students. While you do have to have order, there is a way to be kind. Being aware of the otherness of your students, seeing them as human beings who are working to succeed is essential to building humane and real relationships in the classroom.

To eschew the need for power and control is to come closer to the kindness and love that we are all capable of reaching. This is becoming more and more true to me in the classroom: I have to think about how each and every student is like me; a hard working play in progress who doesn't want to be molded, but wants to learn. I can learn as much from a student as he or she can learn from me.

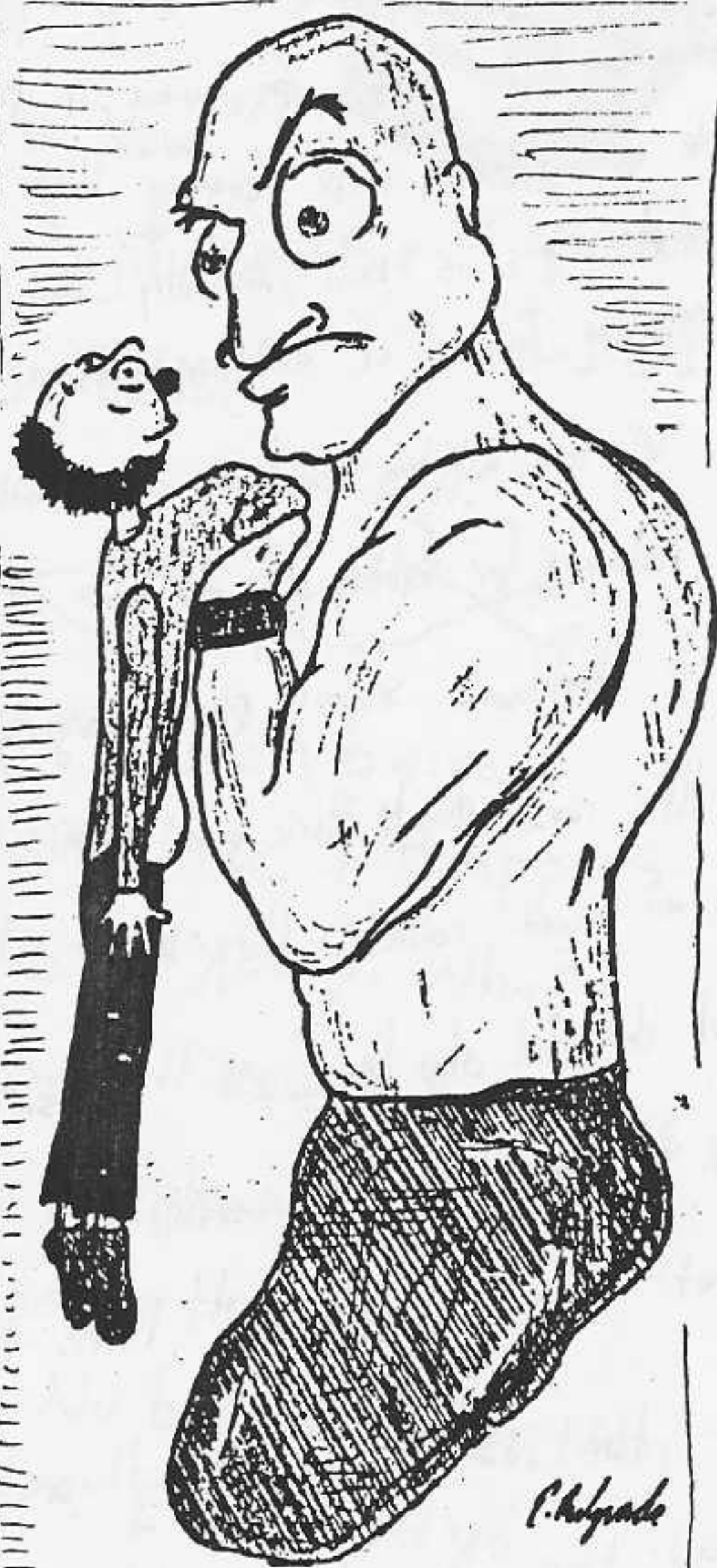
By looking at students as people, a teacher loses the tendency to stick to the synthesis of power and control. Stopping the idea that only a stringent order can produce fruitful learning. Intimidation is the easy way out. We see this all the time in the games of government and state. It is our job as people to grow within our human interactions. The teacher student relationship offers the possibility of equality in partnership, the discourse of understanding and hope. It takes strong motion to destroy the synthesis of power and control. It takes a commitment from our souls.

— Mr. Bee

ELI
SCHMIOT

NO
PHEAR

In my opinion you can't be intimidated unless you let yourself be intimidated. the intimidators play off of your fears and off of your lack of self respect and security. anyone can be a intimidator; bosses teachers, parents, even your own peers. an intimidator can easily abuse their power and manipulate situations to their own advantage. it is pretty easy to bully and scare someone especially when that person is insicure. unless you show to the intimidator that you are afraid and insicure about who you are and what you stand for, they have nothing to use against you. the intimidator sees you how you see yourself. if you see a scared and unsure little mouse everytime you look in the mirror, that is exactly what everyone else will see. it is fairly easy to tell how a person views themselves by the way they act around others. intimidators use this to control you and keep you in line, and they get a cheap ego boost by doing so. they pick a "soft spot" and kick as hard as they can untill you surrender yourself to their egos. this world is filled with people like this and if you want to survive and keep your dignity you have to learn to respect yourself and let no one treat you like dirt. Like i said before if you see yourself as dirt, you will get treated like dirt. -iris



≡ GANG MENTALITIES ≡

a perverse offshoot of peer pressure, gang (or mob) mentalities have become a large part of daily social interaction. the nature of humans is for one to associate with people you identify with, forming large groups of people with similar mindsets. this is not inherently bad, but when the group forms a negative opinion of another person or group, problems can arise.

let's look at two subcultures; skinheads and straightedge kids. both groups are notorious for falling prey to mob actions, such as what is known as a "beatdown": several people bashing up one kid under the excuse of their cause. despite their own justifications of their actions, they are by no accord correct. they have no right to do what they do. but, does that stop them? no. it doesn't stop them because they are swept up in the "heat of the moment" — a moment inspired by the fact that there is a crowd there. there is encouragement.

the ramifications of these actions are very far-reaching, and this is only one of a million examples i could give you, but i hope that you at least begin to understand the possibilities and avoid being sucked into doing something just like this. — brian —

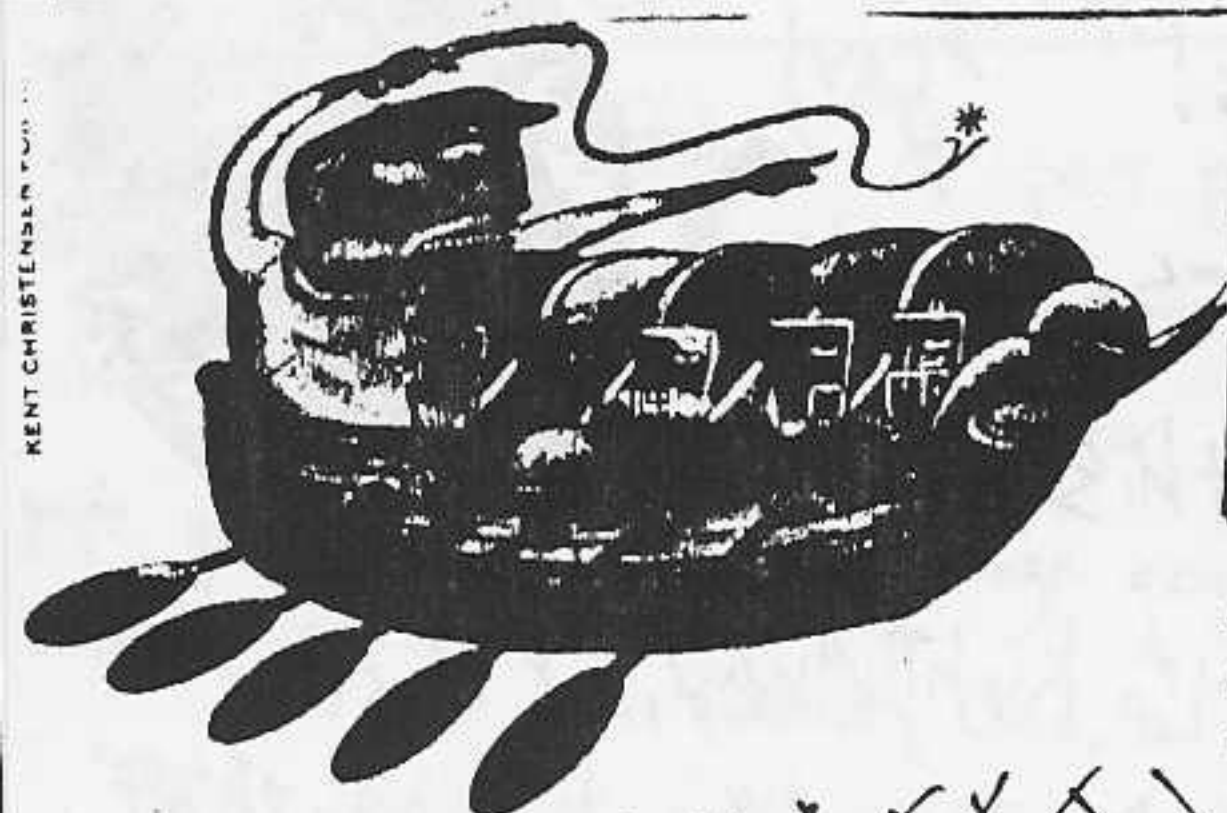
Big Guy: "Do this!" ^{DO WHAT I SAY!}
Little Guy: "Yes, sir."
Rich Guy: "Do this, Now"
Poor Guy: "Yes, sir, Right Away, Sir"
Leader: "I said DO THIS!"
Follower: "I'm sorry, sir, yes sir, I will!!"



BY
LIAM

Notice A Pattern? One human being being intimidated by another. It happens everyday. It happens to everybody. Why?

Fear - Lack of Confidence - Low Self Esteem - Weakness. these are reasons why people are intimidated. People think people are better than them, so they are intimidated. No body is better than You - or me - or Him - or Her. Every body's equal, even though you've been brain washed to believe that handsome/pretty, skinny, rich, athletic, powerful people are better, they're not, they're just the same. The same as you - Stand up FOR YOURSELF.



power
Pain



“He stood about five-foot, nine-inches tall,
but he was a giant.”

THE TITAN



WE LOVE TO



MAKE YOU FEEL

at T I O n



in-tim-i-date (in tim's car) ve. car'ed. car'-
ing < L in- in + tim's car'ed. car'-
afraid, as with threats — in-tim-i-date then n.

49% of all women who are murdered in the U.S. are killed by their male partners.

When someone says the word "intimidation" to you, it's easy to automatically envision a male bully with a menacing scowl on his face, looking down on somewhat of a Bart Simpson or Calvin character and demanding some lunch money. It's natural to imagine a man intimidating another man, even though there is a more prevalent and violent intimidation that exists between men and women. I'm going to talk about this intimidation, sincerely hoping that everyone who reads this can at least gain a new perspective or perhaps a broader understanding of the relationship that has insidiously pervaded our culture to the point that we are numbed by it, with our eyes closed shut to a truly disturbing problem.

There are two basic kinds of violence brought upon women by men: domestic and sexual. I am not going to really discuss the domestic violence a whole deal because you can look at the statistics on your own and take in the whole picture: a bleak landscape of frustration painted by the fear that men have been perpetually trying to instill in women. Domestic violence is the leading cause of injury and violent death for American women. (National Abuse Women Project) So no matter how inclined you are to believe that the societal social institutions set up by men are being unfairly attacked by feminism, we live in a society where misogynist crimes permeate (more like soak) our culture so often and so commonly that it chokes women, sticking control through violence in their faces on a day-to-day basis.

The other kind of violence I am going to talk more in-depth about is sexual violence. Although sexual violence definitely applies to males who are the victims and between homosexuals, I will be talking exclusively about the violence that hurts women committed by men only because it makes sense: 96% of all sexually assaulted victims are female and 96% of all perpetrators are men. When we talk about sexual violence, we usually think of the most severe cases: rape and incest. This is further indicative of how accustomed women have grown to accepting everyday occurrences of sexual violence from sexual harassment to "I-didn't-think-it-was-rape" acquaintance and date rapes. If you put sexual violence on a continuum, you'll notice how a great number of women have been affected by violence in some way or another, no matter how subtle. For example: one in three females will be sexually assaulted by age eighteen, 70% by men they know. (FBI's Uniform Crime Reports, 1991) Another quite disturbing fact is that most of these women who pretty much ignore how often they are affected by sexual violence, or that they are even affected at all, don't even realize how what we view as a severe sex crime, namely rape, has most probably also affected their lives as well. What is rape? Rape is SEX WITHOUT SOBER CONSENT. That's all. In other words, a "yes" or a definite expression of consent must come out of each partner's lips. Not saying no does NOT constitute consensual sex. The above definition is a legal definition of rape, which explains the overwhelming statistics you see around the border of this essay, REGARDLESS of the fact whether or not the victims considered the sex that they had as crimes or not. That is why the way violence has become an integral part of the gender system, greatly reinforced by social institutions such as

In the U.S., at least four women are murdered by their partners every day. • One in four women are raped, one rape is reported every six minutes.

One in every five women involved in an intimate relationship with a man is beaten repeatedly by that man. • In the U.S., a woman is abused every eighteen seconds.

One in ten rapes bring charges. • On cases reported, 20% make it to court. • In the end, an estimated 87 to 93% of all rapists go free.

(Center)

Half of those

Most rape again. • Men who are caught have committed, on average, 14 rapes. • Convicted rapists have one of the highest recidivism

the courts, the media, religion, etc. is so frightening. We just never knew. Culturally dominant perceptions of gender relations and commonplace interactions between women and men provide the justifications that sustain sexual violence.

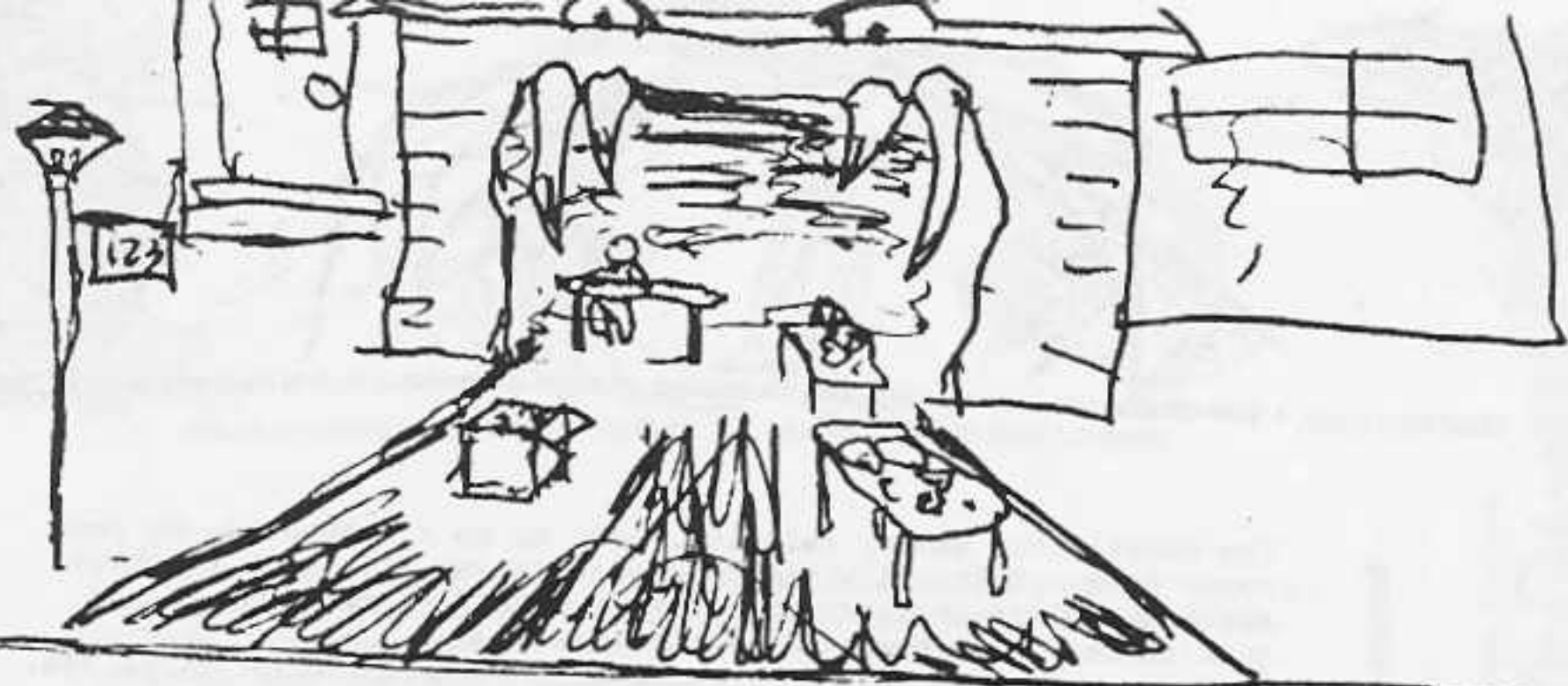
To elucidate the above statement, let me talk about bad sex. Bad sex is not rape. Bad sex is when you wanted to have sex in the first place, had sex and thought it sucked. Rape is when you didn't want to have sex in the first place and was somehow persuaded into having sex. For example, have you ever been guilt-tripped into having sex? Have you ever decided to just "quickly get it overwith" to avoid weeks of moping and sulking, courtesy of your partner? Guess what? That is legally defined as rape. The bad sex versus rape also applies to being under the influence of alcohol. According to the law, women under the influence are incapable of giving consent. The ONLY consequences a woman should be conscious or aware of when she agrees to accept that third or fourth drink should be consequences that are also applicable to men (i.e. hangovers, public embarrassment, fines), NOT the fear of having someone on top of her after waking up due to being passed out from drinking too much.

So where do we go from here? Well, first of all, I hope you see where there is a serious problem here, and that you aren't so comfortably removed from it, seeing as that all of us have been reared in a patriarchal society that has been condoning intimidation by men towards women for a long, long time. How to remedy the situation? You already started by reading this essay. Educate yourself. There are many authors out there just waiting for you to listen to what they have to say; Alice Walker, Audre Lorde, Sheila Ruth, Adrienne Rich, etc. And girls, just because you were taught that boys at this age have a very healthy sexual appetite does not mean that it is your duty to appease it. The reason why acquaintance rapes occur so often is not because the woman didn't know how to physically defend herself, it's because she didn't know how to say "no!" If you strongly blurt the word "no!" to your partner, chances are, if he knows you, he won't go any further. DON'T LET YOURSELF BE INTIMIDATED! Practice saying "no" out loud if you have to. And if that doesn't motivate you, try practicing "f--k off!" As Audre Lorde had once said, "Your silence will not protect you." And guys, you aren't expected to be mind readers. But if your girlfriends seem a little hesitant about having sex with you, back off. Ask a simple question, SANS any "loaded" words. Why would you want to have sex with her if she didn't seem too excited about having sex with you in the first place? You know how to relieve those tensions... it's a lot better than being guilty of raping your girlfriend.

Lastly, by putting these methods into practice, perhaps the oppressive gender institutions that seem unchangeable will someday be completely eradicated. We've got a long way to go, but we have to start somewhere.

jenny

of group rape, 50% were planned; in cases of partner rape, 80% were planned; and in single rape, 50% of the rapes were planned.



Garage Sale Intimidation

I used to be afraid to approach garage sales. I used to ride by on my bike and think I shouldn't go and check it out. This is ridiculous. After having a garage sale with a friend of mine I realized that I wanted people to come and that it was stupid to not go to a garage sale if you see one. Additionally don't be afraid to barter with the people who are holding the garage sale its good for you to learn to stick up for yourself and what you think a price should be. Usually especially during the later hours people are pretty flexible with prices.

happy garage selling

Bradley Harris 

if you arrive to someone's house and see a garage sale...

1970 E

For almost all of my academic life I have had bad feelings about sports and the negative ideas and feelings that are created by playing them. This isn't to say that all forms of exercise are bad. I disagree with the idea that anyone should become lazy and sit around all day only to end up dead at the age of fifty from a heart attack. My negative feelings about sports comes from the preppie jocks in this world who torment the other kids in gym class and make their lives miserable. I think that anybody reading this knows what I'm talking about. You know those really big muscle bound kids that walk down the halls with their stupid GBS football jerseys and other sports wear. I'm sure that not everybody that does this is one of those jock jerks but that is what they come off as when all they talk about is sports and their stupid homecoming dates. It seems as if we are taught in this world of academics that the only thing that passes as having school spirit is showing up to the football games and dressing in a "school spirit uniform" so that all of your preppie friends will think that your cool. Why is it that Jams never shouts and screams about the debate and speech teams at those moronic assemblies. I know why, because they aren't sports and they aren't "cool" and being on the debate team probably won't impress the opposite sex. That's why.

A few days ago I had a little disagreement with my gym teacher as did

all the other "scrubs" in my class. What we got upset about was his idea that all of the people that did well in the class tennis tournament got an A and all the other people got their grades accordingly. I confronted him and expressed my opinion about how everyone should get an A in gym class if they tried hard and that winning didn't really matter. He responded by telling me not to worry and if I tried hard I'd get a B. I thought about leaving right then and there but I figured staying would be ultimately advantageous.

It's things like that that make me feel the way I do about sports. Unless someone can convince me otherwise, I will probably hate all major sporting events for my entire life. I do not believe that myself or anyone else needs these sports to stay in shape either. One has to consider things like biking, skate boarding, roller blading, or running, which are all great ways to stay in shape. Experience and gym class have told me that almost all sports suck simply because of the feelings they create. People separate themselves from the ones that are less technically proficient in athletics than they are. Of course being bad at sports really has nothing to do with the personality of someone. It's almost as if the entire separation between the "cool" or "popular" people and the "losers" or "uncool" originates from the idea of who is better at sports. We all know that the "losers" are always picked last out of all the people in

the gym class. Every thing that we do in school is a stupid popularity contest that ends up as a complete failure. What has my class president ever done for me or anybody. Please, can somebody make me a list. (I'll bet you he or she isn't bad at sports.) My point is that sports and this whole idea of competition are ultimately the root of many problems in the lives of all of us as well as the negative feelings that they create among people. If anyone has any ideas or points for the other side of this argument I would love to hear them as many valid arguments for the other side of this one are rare.

Adam Tavis

Intimidation. Most of us
claim that this over-
whelming emotion
does not affect
us ... believe it
or not, but that
is where you are..
WRONG. Most
humans (...you better
be!) feel intimidated
24 hrs a day. When
we sleep (I hope you do),
chances are that you
are also dreaming ... sigh.

When people dream they see
and face many strange and
frightening things. Let's say
you take on the body of a
bug:

"NOO
evil
human,
don't step
on meee!"

STOMP!

When we wake up, we are
welcomed into the world of intimidation.



... the "rules of the road."
After all, you wouldn't want
officer "friendly" on your
back. People who have
higher authority and are
superior to us (because of

their position in the society),
try to control us with their
overpowering strength. Let's see,

some teachers intimidate students, by
making them go up to the front of the
class and make him/her do something that

he probably doesn't know how to do (EXAMPLE:

A MATH problem on the board). Teachers

mean well, but hey, they're still only

human, like the rest of us. But it's much
worse when the teacher knows that the

kid is shy. Other figureheads such as

Police Men (women), Doctors (any kind),

Parents (of course), and 320-lb football

players can, and probably do....

intimidate us.

Nicole*

INTIMIDATION

One of the biggest things that separates you from me, him from her, and us from them are your thoughts, your ideas are what makes you who you are. No one should take those away from you. Now realize that there are some weak minded individuals out there who just go with the flow. They don't really have a say in anything. These people are apathetic. There is also another group out there that is different from the other groups. In fact, this group is the complete opposite. These are the people who decide to add a voice in society. They aren't the ones who sit in front of the television, half conscious. These are the people who make a difference. But the group who we sit at a channel zero are addressing are those whose thoughts have been influenced so greatly that they have transformed into something that isn't really coming from inside the person. Intimidation plays a huge role in influence, one's thoughts and actions. Something needs to be done so that people could feel sure of themselves and not have to worry about what other people think. Unfortunately

I can't give you a step by
step explanation on how to deal with
intimidation, but what I am suggesting
is something just as good. You
need to stand up for what you feel.
Right or wrong, they are your feelings
and you can't change them. Take a
stand in society. Have a voice.

.....Andrew
Long
Furse.....



WHO'S INTIMIDATING WHO ANYWAY?

Let me tell you a little story to illustrate my point.
Here I am at the much anticipated event, the
Kaia/Third Sex show. I've been playing drums for about
8 months and am fatally excited to see the band Third
Sex's 30 year old drummer who is also female. (There is
nothing I love more than a woman behind a drum set 😊)
Third Sex kicks off and this woman is playing drums
like you wouldn't believe. So I'm thinking "ROCK ON,
GERL POWER ♀ right? No, my first reaction is total
intimidation. Thoughts like "I suck compared to her, poke at
my brain. She's so good she made me feel small. Wait
a minute, SHE made me feel small? Who's intimidating
who here? She didn't put these thoughts in my head.
I was being so unrealistic. I was down on myself
because I couldn't match the percussionist abilities of
someone who's been drumming since two years before I
was even conceived. Point being, don't get down on your
self because you aren't as good as someone else.
I should have been totally motivated and by this woman
talent and not intimidated. Don't blame feeling of
intimidation totally on other people. Learn from people
who are better than
you at some things
and don't be scared
of by them. ♡ GNAT



Here
she
is
← 😊

ATTACK OF THE SPACE INVADER

IT WAS A
QUIET, PEACEFUL
DAY ON
PLANET
GLENVIEW



THAT IS...



UNTIL A BEING OF UNKNOWN ORIGIN
STUCK ITS NOSE 3 INCHES FROM MY
FACE AND PROCEEDED TO TALK ABOUT
THE VICES OF HOMEWORK...

I KNEW IT WAS A SPACE INVADER!

NATURALLY, I WAS INTIMIDATED AND UNCOMFORTABLE SO I BACKED
UP. ALARMINGLY, IT FOLLOWED! I THOUGHT I WAS TRAPPED!

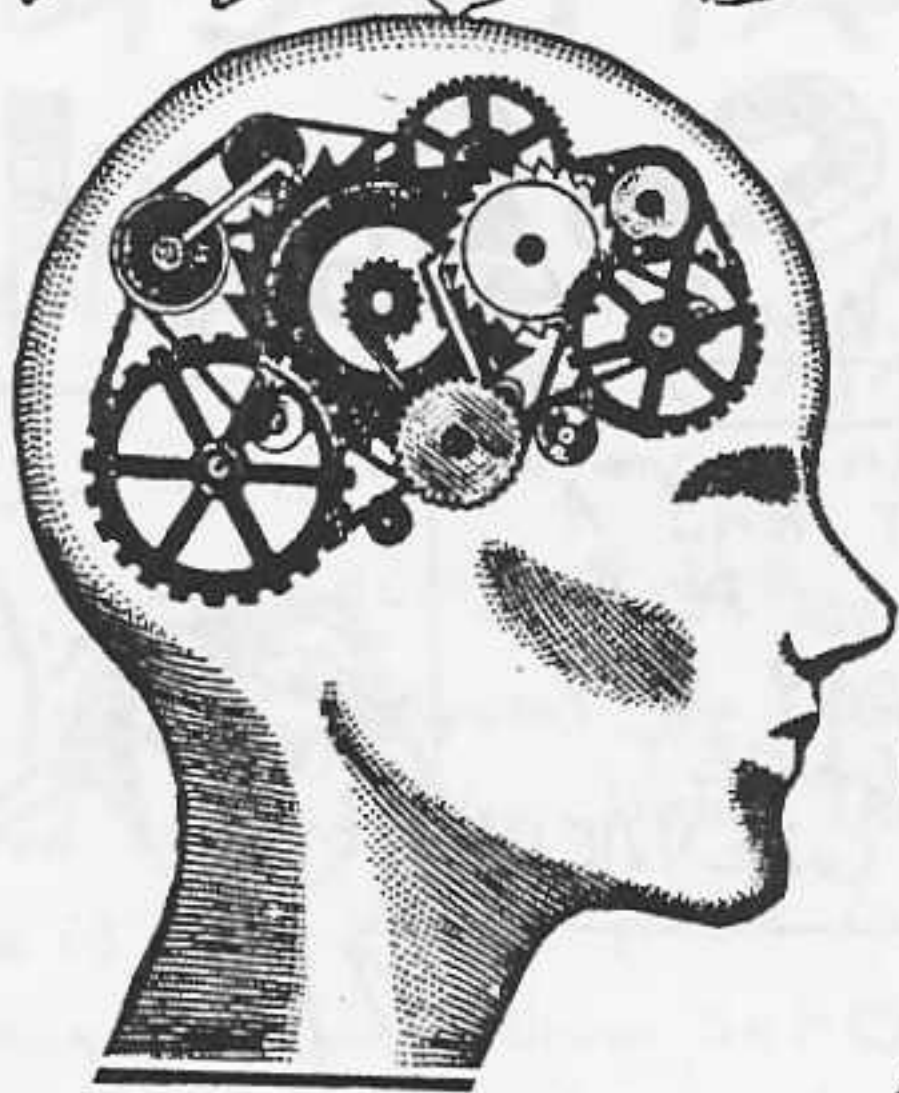
FORTUNATELY, I REMEMBERED MY POSITRON FORCE FIELD!!



YET ANOTHER TRESPASSER IN MY PERSONAL SPACE -
VANQUISHED!

LOVED - EDIE
KISSES

END



How To intimidate A PERSON... FOR THE AVERAGE STUDENT..

- 1) Pump a little iron (Hey, maybe it'll be useful LATER!)
- 2) Keep thinking to yourself: "I am big, I am Powerful, I am...."
- 3) Find someone that's at least 3ft. smaller and 50 lbs lighter than you.
- 4) Walk up to him/her and say something really lame, like: "Hey Pretzel neck!"
- 5). Wipe your brow, and just HOPE that he/she was really Scared.



Intimidation is...

Going with the flow



lifestyle



new!

SO BIG!

time
!



Solid Body

LATE-BLOOMING

Highly Territorial



Rugged Disposition

SCHOOL

SO FAST!

little

beauty



Powerful Stance



Sure Footed

Fights

\$

#1

WIN

BUY

anger



serious

SURVIVE?

Punishment

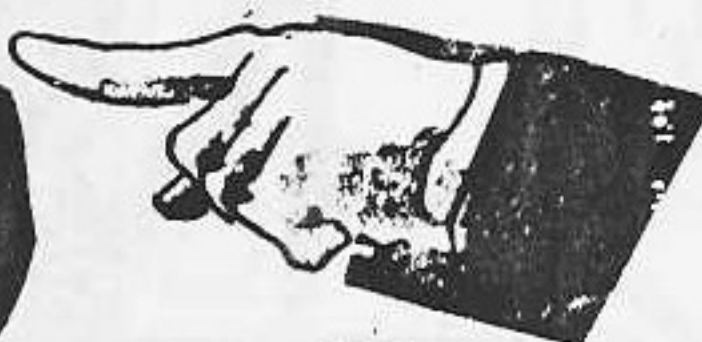


the nerd

Do



Cool as a cucumber.



BY be.



SEX, LIES AND ...
"Speedy Tacos"



Don't live.



Don't cry.

Don't stand.

Don't sit.

Don't play.

Don't eat.

Don't drink.

Don't kiss.



He's sweet...he's mischievous...he's...

Christopher

OK. It's done. thanks for taking the time to read
* this. hopefully it offered something for you to
take from it. to reiterate a couple things from the
intro: you've read what some kids had to say, and
you probably have a reaction. please voice that
reaction, be it positive or negative. in creating
this publication, we wanted to create a dialogue;
real communication between writer and audience, not
just the contributors talking to the audience, or,
worse yet, themselves. so please let ~~xxxx~~ it be
known what this issue made you think or feel. to
do this, write to the address below, or speak with
one of the contributors in school. if you have a
question or comment concerning one of the pieces
in particular, speak with (or write to) the person
who wrote the article. all of those who contributed
their writing are individuals. the opinions

expressed in any article are not necessarily the
opinions of each single contributor. also, if
you want to contribute your own opinions, a
anecdotes, art, whatever, please feel free to
show up at a channel zero meeting. to find out
about meeting time, ask a contributor. this is
totally open to everyone: teachers, students,
people of all beliefs and opinions, whoever.

we're here to learn from each other.
THANK YOU.

WRITE TO:
chnlzero@
aol.com

OR

CHANNEL ZERO
P.O. BOX 319
GLENVIEW, IL 60025

Our Glorious
Homeland!

Take Charge!



